

ALL SAINTS MARSH PRIMARY

AUTUMN MENU WEEK ONE

WEEKS COMMENCING: 1/9, 22/9, 13/10, 10/11, 1/12

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	MAIN ONE	Cheesy Chicken Pasta Bake with Fresh Salad and Sweetcorn	Devon Pork Burger and Ketchup with Potato Wedges, Coleslaw and Peas	Roast Devon Gammon and Gravy with Roast Potatoes, Carrots and Fine Green Beans	Mild Chicken Curry with White and Wholegrain Rice, Indian Salad and Naan Bread	Breaded Fish or Salmon Fingers with Chips, Baked Beans and Peas):
	TWU	Roasted Vegetable and Tomato Pasta Bake with Fresh Salad and Sweetcorn	Cajun Butternut and Bean Burger with Coleslaw and Peas	Broccoli, Bean and Cauliflower Cheese Bake with Roast Potatoes, Carrots and Fine Green Beans	Cauliflower and Butternut Curry with White and Wholegrain Rice, Naan Bread and Indian Salad	Vegetable Nuggets with Chips, Baked Beans and Peas	
	JACKET POTATO	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	0000
	SANDWICH	Tuna Mayo and Salad	— — — — — — — — — — — — — — — — — — —	— — — — — — — — — — — — — — — — — — —	Cream Cheese		
33	WRAP		— — — — — — Ham Salad	Egg Mayo	Ham and Cucumber		
	DESSERT	— — — — — — — — — — — — — — — — — — —	Apple Sponge and Custard	Strawberry Jelly and Fruit	0at Slice	Raspberry Ripple Shortbread	X
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We are pleased to offer a variety of allergen free options on our food menu. Although all food prepared in a kitchen that handles most allergens and therefore we can be guarantee that are contamination will never occur, we do take every possible precaution to prevent this from happe





ALL SAINTS MARSH PRIMARY

AUTUMN MENU WEEK TWO

WEEKS COMMENCING: 8/9, 29/9, 20/10, 17/11, 8/12

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	į
	MAIN ONE	Bacon Macaroni Cheese with Salad Sticks and Sweetcorn	Devon Beef Burrito with White and Wholegrain Rice, Coleslaw and Peas	Roast Chicken and Gravy with Roast Potatoes, Carrots and Cauliflower	Brunch: Devon Sausage and Bacon with Hash Brown Bites and Baked Beans	Fish Fingers with Chips, Peas and Fresh Salad	
	MAIN TWO	Caribbean Vegetable and Bean Jambalaya with Salad Sticks and Sweetcorn	Vegetable Fajita with White and Wholegrain Rice, Coleslaw and Peas	Lentil and Vegetable Wellington with Roast Potatoes, Carrots and Cauliflower	Vegetarian Brunch: Quorn Sausage with Hash Brown Bites, Baked Beans and Fresh Tomato	Cheese and Bean Pasty with Chips, Peas and Fresh Salad	
	JACKET POTATO	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	
	SANDWISH	Tuna Mayo and Salad					
33	WRAP		 	Chicken Mayo	 Ham Salad	Cream Cheese and Cucumber	
	DESSERT	Fresh Fruit Salad	Chocolate Cake	Strawberry Mousse	Apple Crumble and Custard	Custard Biscuit	
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ALL SAINTS MARSH PRIMARY

AUTIIMN MFNU WEEK THREE

WEEKS COMMENCING: 15/9, G/10, 3/11, 24/11, 15/12

TUESDAY WEDNESDAY THURSDAY FRIDAY **Devon Roast Pork** Devon Beef Bolognese Fish Cake with **Devon Beef Chilli** Sweet and Sour and Gravy with Roast with Pasta. Fine Green Chips, Peas and Chicken with Noodles. and Rice with Fresh Potatoes, Carrots and Beans **Beans and Sweetcorn** Salad and Sweetcorn **Broccoli and Peas** Cabbage Vegan Bolognese with Pasta, White and Chinese Style Vegetable Five Bean Chilli **Homity Pie with Roast** Roasted Vegetable and Bean Noodles Quiche with Chips, Wholegrain Rice, Fresh Chopped Salad and Sweetcorn and Rice with Fresh Potatoes. Carrots and with Salad Sticks Salad and Sweetcorn Cabbage Peas and Beans and Peas **Jacket Potatoes Jacket Potatoes Jacket Potatoes Jacket Potatoes Jacket Potatoes** JACKET served daily with a selection of fillings POTATO **Ham Salad** Tuna Mayo Chicken Mayo Cheese **Ham Salad** Cream Cheese **Egg Mayo** Ham Cheese Tuna Mayo and Cucumber **Jam and Coconut** Fresh Fruit **Banana Cake** Flapjack Fresh Fruit Platter Sponge and Custard and Custard and Ice Cream

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