

3rd March 2026

Dear Parents and Carers,

Courtenay Class – PE Sessions at Reach Outdoors Paignton. Spring Term 2026

We are delighted to let you know that Courtenay Class will be taking part in a series of outdoor and adventurous PE sessions this term with **Reach Outdoors Paignton**. These sessions will give pupils the opportunity to develop teamwork, confidence, and practical outdoor skills in a fun and safe environment.

We will be travelling by **minibus**, leaving school at **9:15am** and returning by **3:15pm** each week. Please see below for the dates and activities:

Session Schedule

Thursday 23rd April 2026

- 09:45 – 12:00: Bushcraft at Whitehill Country Park / Indoor Climbing at Parkfield
- 12:30 – 14:45: Indoor Climbing at Parkfield / Bushcraft at Whitehill Country Park

Thursday 30th April 2026

- 09:45 – 12:00: Archery at Whitehill Country Park / Indoor Climbing at Parkfield
- 12:30 – 14:45: Indoor Climbing at Parkfield / Archery at Whitehill Country Park

Thursday 7th May 2026

- 09:45 – 12:00: Rock Pooling at Reach Centre
- 12:30 – 14:45: Wet Games & Water Safety at Reach Centre

Friday 22nd May 2026

- 09:45 – 12:00: Giant SUP at Reach Centre / Orienteering at Clennon
- 12:30 – 14:45: Orienteering at Clennon / Giant SUP at Reach Centre

What to Bring

For Land-Based Activities (Bushcraft, Archery, Orienteering, etc.)

- Waterproof jacket and trousers (for wet or muddy weather)
- Warm layers (fleece or jumper)
- Comfortable old clothes (that can get dirty)
- Sturdy footwear (walking boots or old trainers)
- Hat and gloves (in cold weather) / Sun hat (in hot weather)
- Full water bottle
- Packed lunch
- Small backpack to carry belongings
- Spare socks and a plastic bag (for wet or muddy items)

For Water-Based Activities (Rock Pooling, Wet Games, Giant SUP, etc.)

- Swimsuit or swim shorts (to wear under wetsuit)
- Towel
- Old trainers or water shoes (to wear in the water)
- Waterproof jacket (for windy or wet weather)
- Sun hat and sunscreen



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FLOURISHING FUTURES

- Full water bottle
- Packed lunch
- Small backpack for belongings
- Plastic bag for wet items

Please ensure that **all items are clearly named** and that your child comes prepared for the weather each week.

In order for your child to take part in the activities please can you complete the permission form by 2nd April <https://forms.office.com/e/zHWLpcRyHR?origin=lprLink>

If you have any questions about these sessions or what your child needs, please don't hesitate to contact the school office.

Kind regards,

Mr Waters

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