



PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YFS	Invasion games Ball skills	Gymnastics Jumping and balancing	Dance Movement patterns	Net and wall Movement and striking	Striking and fielding Throwing and catching	Athletics Fundamental movement skills
Year 1	Invasion games Throwing and catching	Gymnastics Balance and agility	Dance Movement patterns	Net and wall Tennis and volleyball	Striking and fielding Tennis and rounders	Athletics Fundamental movement skills
Year 2	Invasion games Passing and receiving	Gymnastics Sequences	Dance Sequences	Net and wall Tennis, badminton and volleyball	Striking and fielding Tennis, badminton and volleyball	Athletics Distance and perception
Year 3	Invasion games Basketball and football	Gymnastics Performance and Symmetry	Dance Speed and rhythm	Net and wall Tennis and volleyball	Striking and fielding Tennis, cricket and rounders	Athletics Throwing and rotation
Year 4	Invasion games Netball and basketball	Gymnastics Sequencing	Dance Speed and rhythm	Net and wall Tennis and volleyball Residential	Striking and fielding Tennis, cricket and rounders	Athletics Jumping
Year 5	Invasion games Football and netball	Gymnastics Balance and agility	Dance Sequences	Net and wall Tennis and badminton	Striking and fielding Cricket	Athletics Fitness
Year 6	Invasion games Netball and basketball Residential	Gymnastics Routines	Dance Sequences and timing	Net and wall Tennis, badminton and volleyball	Striking and fielding Tennis, cricket and rounders	Athletics Measure and record performance